

Hiking At Its Best

7 Hikes Under 5 Miles Near Denver



Chief Mountain Trail

Location: Idaho Springs Length: 2.8 Miles Out & Back Elevation Gain: 948 feet

Maxwell Falls Trail

Location: Evergreen Length: 4.1 Miles Loop Elevation Gain: 879 feet

Apex Trail to Enchanted Forest Loop

Location: Golden Length: 3.5 Miles Loop Elevation Gain: 803 feet

Green Mountain West Ridge Trail

Location: Boulder Length: 3.8 Miles Out & Back Elevation Gain: 682 feet

Mount Galbraith Loop via Cedar Gulch Trail

Location: Golden Length: 4.0 Miles Loop Elevation Gain: 928 feet

Mount Sanitas Peak Trail

Location: Boulder Length: 2.6 Miles Out & Back Elevation Gain: 1259 feet

Castlewood Canyon Falls Trail

Location: Franktown Length: 1.1 Miles Loop Elevation Gain: 134 feet



Beat The Heat!

6 Hydration Tips For Hiking

1

Start early! Drink water before starting your adventure.

2

Get your electrolytes! We lose electrolytes through our sweat and these can be replaced with NUUN tablets or Clif Shot Bloks.

3

Pack at least 3 Liters of water. Also, wear breathable clothing, sunscreen, and a hat.

4

Monitor hydration with urine color. This can be more challenging on the trail, but aim for a pale yellow color.

5

Eat your water, too! Pack foods that have a high water content like oranges, apples, or mangos.

6

Start early and with a buddy! Try to avoid being out in the heat of the day.

